

**Paradigm Care & Enrichment Center Rotating Menu April 2016-May 2016**

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti and Tomato Sauce Green Bean Peaches	Chicken Nuggets Corn Peaches	Italian Meatballs Mixed Veggies Pears	Pizza Bagels Carrots Pears	Jelly Sandwich Green Beans Pineapple
Macaroni and Cheese Corn Pineapple	Tacos Green Beans Peaches	Fish Sticks Mixed Veggies Peaches	Pizza Rolls Carrots Oranges	Grilled Cheese Corn Oranges
Buttered Noodles with Parmesan Cheese Corn Pineapple	Italian Meatballs Green Beans Peaches	Chicken Nuggets Mixed Veggies Peaches	Pizza Carrots Oranges	Chef's Choice Corn Oranges
Ranch Pasta Green Bean Peaches	Quesidillas Corn Peaches	Waffles and Sausage Mixed Veggies Pears	Pretzel & Cheese Carrots Pears	Diced Hot Dogs Green Beans Pineapple

June

M	T	W	R	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	1

Paradigms Menu is subject to last minute changes at all times.

July

M	T	W	R	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

A fruit from one of the following: Pineapple, Peaches, Pears, Oranges, Bananas, Strawberries, Apples, or Mixed Fruit and vegetable from one of the following: Green Beans, Mixed Vegetable, Corn, Carrots, or Broccoli and grain is served with every lunch as well as milk.

Breakfast is served until 8:00AM and could be one of the following: cold milk over cereal, warm oatmeal, pancakes or waffles. Breakfast is served with milk or water.

A morning and afternoon snack could be of one of the following: A fruit, a grain, cheese, a special birthday treat, or a vegetable from our garden. Snacks are served with water unless a special drink has been sent in for a birthday or holiday celebration.

Please let a Director know of any ALLERGIES to the foods listed above.

